

AWAKEN

MISSION TRIP

MAY 18 - 23, 2020

Thank you for being interested in Church on the Rock's Mission Trip to Puerto Rico! I'm believing that this will be a life-changing experience for you as we prepare to lead people to a God who is for them, and help them discover His purpose for their lives.

Participants will be departing St. Louis, MO, on **Monday, May 18, 2020** and will be returning **Saturday, May 23, 2020**.

The estimated cost per participant is **\$1300**. This price includes airfare and luggage check, meals, ground transportation, travel insurance, and accommodations while in Puerto Rico.

If you would like to be a part of this opportunity to share the love of Christ, build relationships with a family and your team, and leave a legacy in a community in Puerto Rico, please fill out this application.

If you have any extra concerns or questions, please contact Tim Wilgus.

Tim Wilgus
twilgus@cotr.org
(636) 866-4515

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To ensure your spot for the trip please turn in your application to the information desk or by dropping it off at the office during the week. Once your application has been received and accepted you will be contacted to pay your deposit and sign your disclosure of risk form. The Deposit will be **\$300 due by March 8, 2020.**

Final Payments and registration are due April 26, 2020.

We will have a mandatory informational meeting prior to departure on May 14, 2020. This will be the final meeting prior to departure, where we will receive and review our itinerary, expectations, and final details for the trip.

Price Breakdown:

- Flight Cost to and from Puerto Rico
- Accommodation Cost in Puerto Rico
- Luggage Check
- Travel Insurance
- Ground Transportation Cost
- Meals while in Puerto Rico

We recommend bringing approximately \$100.00 for food / souvenirs while traveling.

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Trip Details:

Meals:

Your meals will be provided by local restaurants in the area.

Physical Requirements and Medical Condition Exclusions

No matter the season in Puerto Rico, the temperature is **HOT** and you must be in good health to participate. By signing the Application and Liability Release forms, you are confirming that to your knowledge, you do not have any medical issue(s) or symptoms that can be exacerbated (or impede your participation) by your travel to Puerto Rico.

If you have an auto immune disease or have had heart surgery, we strongly recommend you do not participate. If you require medication that must be refrigerated, require oxygen, if you are pregnant, have diabetes uncontrolled in hot weather or have Lupus, we will not allow participation for your own well-being.

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APPLICATION

Please fill out the application completely and turn in to the information desk or by dropping it off at the office during the week.

First Name:	Last Name:
Phone Number:	Email Address:

Address:	Date of Birth:
City:	Age:
State:	Gender:
Zip Code:	T-Shirt Size:

- Are you physically prepared to be doing strenuous manual labor, including but not limited to: walking, lifting, cleaning, etc while we are in Puerto Rico? **YES / NO**
- Do you have any Medical Restrictions or limitations? **YES / NO**
- If Yes, Please List and give a brief explanation.

- Have you participated in any Mission Trips in the past? **YES / NO**

- If Yes, where and what was your experience?

- Give a little description of yourself and why you would like to participate in this trip.

- Do you have any known allergies?

- What are your strengths?
